

Wound care after Deroofing Procedure (Hidradenitis Suppurativa)

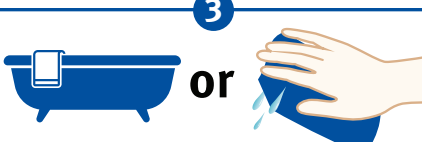
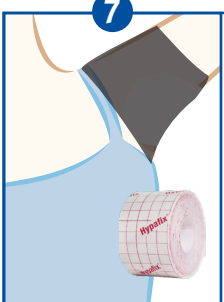
Procedure Day:

Day One:

Do not remove the dressings, try to keep them dry and intact.

Day Two:

You would have been sent home with a few days worth of dressing supplies and told what to purchase from your local chemist to help you look after your wound prior to your procedure.

			
Take pain relief as prescribed by your doctor 30 minutes prior to the dressing change.	Gently remove the dressings by completely wetting them in the shower, bath or with a wet cloth.	Soak the wound for 15 minutes in a luke warm salty bath OR a diluted pale pink Condys Crystal bath. If you do not have a bath apply a soaked washer to the area for 15 minutes.	Gently remove any build-up of yellow scab from the wound using a soft cloth/ gauze if possible.
		 Secure the dressing in place using bike pants, pantihose, or a tight t-shirt. Alternately you can purchase hyperfix adhesive tape or tubigrip mesh from the chemist.	
Pat the affected area dry using a clean towel/gauze.	Apply a thin layer of soft white paraffin to a piece of combine dressing/sanitary pad roughly the size of the wound. Supplies can be purchased from any chemist.		

Day Three to Six:

- Attend dressing daily as per above regime.

Day Seven:

- Attend Dermatology appointment at the Medical Outpatients Department for wound review and dressing change.

**If you have any questions please phone: (07) 4433 2862 or
call the Dermatology Nurse: (07) 4433 4718**