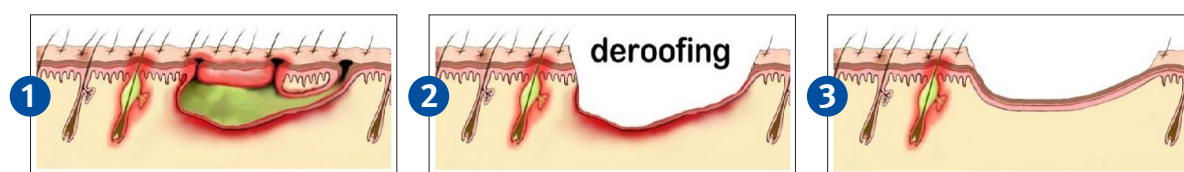


Deroofing Procedure for Hidradenitis Suppurativa

The procedure:

The deroofing procedure is where the chronic diseased tissue which causes tunnels and abscesses are cut out by the Doctor under local anaesthetic. This leaves an open wound that will slowly reduce in size and heal overtime, resulting in a smaller pink flat scar that is no longer painful or drains pus. You are welcome to bring headphones to your appointment so you can listen to music during the procedure, this may help you to relax.



What to expect:

Over the next 6 to 8 weeks the wound will heal and slowly close.

The end result should be a scar that is much smaller than the initial diseased tissue that was removed.

Occasionally, there is a repeat of new nodules/abscesses that are at the edge of the scar or nearby the affected skin which the Dermatology team will address if required.

Pain will be similar to what is experienced during a flare of your Hidradenitis Suppurativa in the few days following the deroofing procedure. By day 7 most people find the pain has become less and quite tolerable. If you begin to feel consistent uncomfortable pain, please book a follow up appointment with your GP.

Risks:

- The main risk following a deroofing procedure is bleeding, which is common in the first 24-48 hours. If this occurs- you need to apply direct pressure and apply an ice pack to the site for a minimum of 10 minutes. If bleeding continues please go to a GP or the Emergency Department
- There is a risk of infection. If you have increased pain, surrounding redness an increase in discharge / odour please contact the Dermatology Department.
- Post op pain is expected however usually well managed with medication as directed by your Doctor with over the counter pain medication (paracetamol, ibuprofen or Paracetamol Codeine).
- If you have increased pain, surrounding redness, an increase in discharge or odour or experiencing fevers then please contact your GP and the Dermatology Department.

You will be booked for a follow up appointment 7 days after the procedure.

**If you have any questions please phone: (07) 4433 2862 or
call the Dermatology Nurse: (07) 4433 4718**