

What is Townsville Community Allied Health Services?

The service is a multi professional team working with eligible patients of the Townsville Hospital and Health Service who are living in the community (not currently in the hospital for treatment).

The team includes:

- Psychologists
- Physiotherapists
- Exercise Physiologists
- Speech Pathologists
- Social Workers
- Occupational Therapists
- Dietitians
- Therapy Assistants

Psychology at Townsville Community Allied Health Services

Psychologists at the service work with people who have a long-term illness to help them recover from emotional and psychological problems they may have. Their goal is for clients to get the most out of life.

Contact details:

Townsville Community Allied Health Service
Kirwan Community Health Facility
138 Thuringowa Drive
Kirwan QLD 4817

PO Box 1596
Thuringowa Central Q 4817

Phone:
(07) 44 339 500

Fax:
(07) 44 339 501

Opening hours:
Monday – Friday
8.00 am – 4.30 pm

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www.health.qld.gov.au/townsville



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Standard 2 - Partnering with Consumers



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Townsville
Hospital
and Health
Service



Psychology

Townsville Community Allied Health Service

General information for
Psychology clients



What to expect

Appointments usually go for one hour, however the first appointment may last up to one and a half hours as the Psychologist gets to know the person and their circumstances.

Depending on their needs, the person may receive several sessions. Appointments happen at the Kirwan Health Campus.

Confidentiality

All Queensland Health staff are bound by confidentiality. Session notes are kept with a person's other health information stored electronically in their hospital and health service medical record. Notes may sometimes be needed by health service professionals when providing other health services to the person. The information is kept secure following the rules for Record Management procedures of the Townsville University Hospital and Health Service.



Who can attend Psychology Services?

It is for adults in the Townsville community. Eligible people with a long-term health condition and who need psychological assistance can attend.

Examples of long-term health conditions include:

- Diabetes
- Cardiac problems
- Parkinson's Disease
- Multiple Sclerosis
- Asthma
- Arthritis.

Examples of psychological concerns:

- Depression
- Anxiety
- Problems coming to terms with a chronic illness
- Stress Management
- Grief and Loss
- Making lifestyle changes related to a chronic illness.

How much does the Service cost?

The service is free of charge.

Accessing the Service

Under 65's

Ask a Townsville Hospital and Health Service health professional to make a referral

OR

GP referrals can be made

via Health Pathways - Psychology - Townsville Community Allied Health Service

OR

Intake Officer Townsville Community Allied Health Service

Phone: (07) 4433 9500

Fax: (07) 4433 9271

Email: TTH-Referrals@health.qld.gov.au

Over 65's or over 50's First Nations

Not in receipt of a Home Care Package Level 3 or 4

My Aged Care

Phone: 1800 200 422

Request TTH – Townsville Community Allied Health Service - Psychology.