

Allied Health Skills Workshop

North Queensland Persistent Pain
Management Service (NQPPMS)

What does the Allied Health Skills Workshop offer?

This is a session focused on:

- Understanding your pain
- Planning your active self-management treatment journey
- Learning some key pain management skills.

It takes place in a group setting over several hours and will help us to understand your health needs and how to best manage your pain. The workshop is facilitated by a physiotherapist, occupational therapist, psychologist and pharmacist.

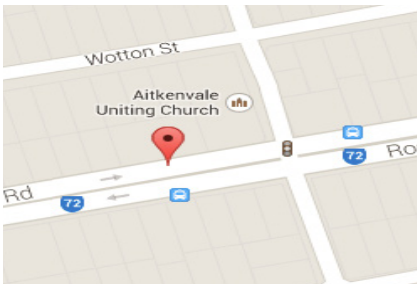
Attending Allied Health Skills

- The workshop runs for 3 hours on a Tuesday morning at our community site
- A morning tea break is included with simple refreshments provided
- We provide comfortable facilities and an experienced healthcare team
- Sessions are by appointment only, usually following our EQUIP Education session.

Contact us

North Queensland Persistent Pain Management Service

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This patient information brochure supports
National Safety and Quality Health Service
Standard 2 - Partnering with Consumers