

TRACC Grants Program

The TRACC program is complemented by a community grants program to enable Queensland communities affected by adversity associated with drought, disaster and other crises to build community resilience.

Community resilience building strategies include those that develop and promote community networks and support, provide information to improve mental health literacy and encourage and create opportunities for help seeking behaviour.

For further information on TRACC grants scan the QR code or visit:

www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-staff/mental-health/grants/rural-remote-community



Scan the QR code with
your smart device

Contacting TRACC

Referrals into the TRACC Program can be received from any source, including Queensland Health, other government departments, community organisations and individuals in the community. For more information about the TRACC program and how your local RAC can assist you, contact:

Sean Winning

Regional Adversity Clinician

M: 0447 364 378

(Monday - Friday, 7:00am - 3:30pm)

Afterhours:

Acute Care Team provides 24/7 specialist mental health crisis care and support.

Phone 1300 MH CALL (1300 64 2255)

Townsville Hospital and Health Service
100 Angus Smith Drive, Douglas QLD 4810

Published by Townsville Hospital and Health Service
www.townsville.health.qld.gov.au



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Tackling Regional Adversity through Connected Communities



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Experiencing anxiety and loss are common responses to droughts and disasters. For some people, the longer-term effects include serious mental health conditions such as post-traumatic stress disorder and high levels of anxiety.

The Tackling Regional Adversity through Connected Communities (TRACC) program has been established to help reduce the impact of distress caused by these disasters in rural and remote communities.

About TRACC

The TRACC program aims to reduce the impact of adversity associated with drought, disaster and other crises through:

- targeting suicide prevention
- building resilience
- supporting recovery among people and communities.



Regional adversity clinicians

The TRACC program is delivered through senior clinicians, known as Regional Adversity Clinicians (RACs).

The RACs are based in select hospital and health services across rural, remote and regional Queensland including: Cairns and Hinterland, Townsville, Mackay, North West, Central West, Central Queensland, Wide Bay, Darling Downs and South West.

The key role of the RAC is to educate and empower people living in rural and remote communities who are experiencing early signs of distress, on how to access support services.

Key elements

Key elements of the TRACC program include:

- Connect people to the right care at the right time and place
- Connect frontline workers to mental health care
- Connect people to information and programs to raise mental health awareness
- Connect the community to initiatives like the TRACC Grants to ensure better preparedness for current and future adversities.

