

Contacting the Nurse Navigator Nurse Practitioner

The Nurse Navigator Nurse Practitioner service can be contacted Monday to Friday, 8am to 4.30pm.

Phone: (07) 4433 4728

Fax: (07) 4433 4551

Email:
THHS-NurseNavigators@health.qld.gov.au

If you are worried or something is very urgent please call your GP or visit the hospital emergency department.

In an emergency situation, please call 000.

The Townsville Hospital
Townsville Hospital and Health Service
PO Box 670, Townsville Qld 4810
Ph: 07 4433 1111

Published by Townsville Hospital and Health Service
www.health.qld.gov.au/townsville/default.asp



This publication has been reviewed and approved by THHS health consumers.



© The State of Queensland (Townsville Hospital and Health Service) 2018,
creativecommons.org/licenses/by/4.0/au

Townsville
Hospital
and Health
Service



Nurse Navigator Service *Nurse Practitioner*

A guide for patients and families of the
Townsville Hospital and Health Service



Queensland
Government

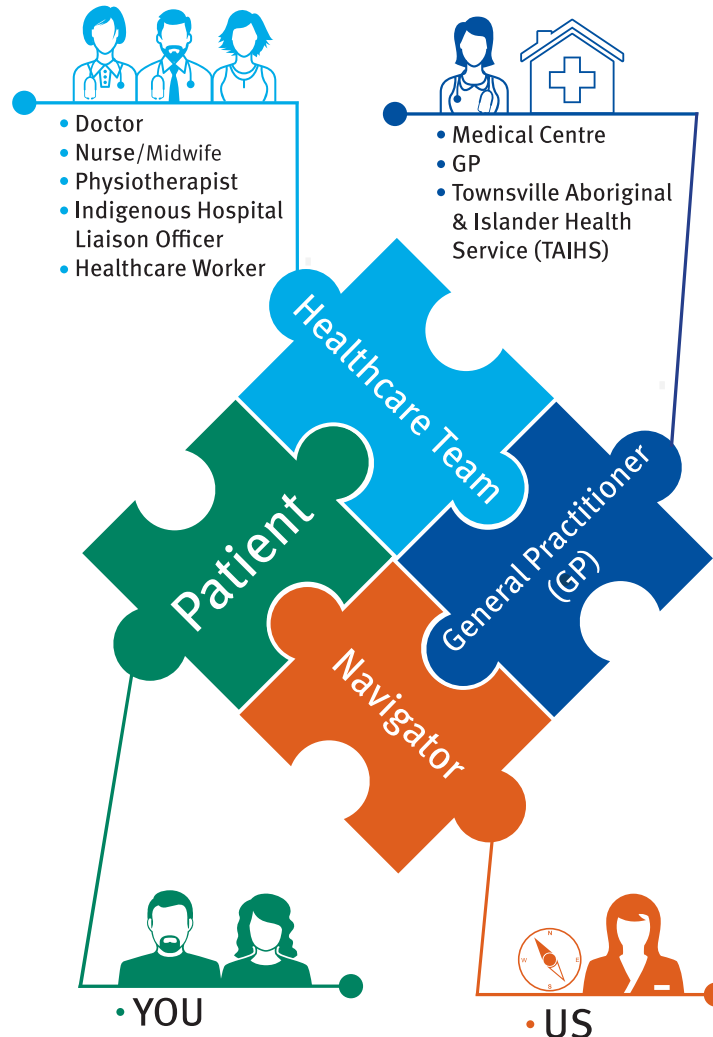
Nurse Navigator Nurse Practitioner role

A Nurse Practitioner is an advanced practice nurse who can help further with the management of your chronic illness.

The Nurse Practitioner operates the post-acute care clinic for people who are at a high risk for readmission or representation to the hospital.



You will regularly attend the outpatient clinics for up to six weeks which will be held in a number of locations to suit your needs which may include home visiting.



Nurse Navigator Nurse Practitioner Service

The Nurse Practitioner will work with you and provide the following cares:

- Medication changes
- Organise follow-up cares
- Carry out discharge plans from hospital
- Have a focus on keeping well at home and to avoid unnecessary hospital admission.
- Link in with your usual GP to ensure a smooth transition back into the community.

The Nurse Navigator Nurse Practitioner can make a plan with you to fit all of the pieces of the puzzle together and help you to look after yourself at home.