# What to bring

For your stay in interim care you will be required to bring:

- Day clothing and nightwear (labelled with your name)
- Safe footwear
- Hygiene products if you wish to use your own
- Comb, brush, toothbrush, toothpaste and deodorant
- Pension and Medicare cards
- Copies of Enduring Power of Attorney document and Advanced Health Directive if you have them.

You may also like to bring personal items that will help you feel comfortable and settled.

# Smoking

Smoking is not permitted in interim care.

# More questions?

If you have any more questions about interim care please talk to your healthcare team. Please direct financial queries to Townsville University Hospital revenue office on (07) 4433 8514. Townsville Hospital and Health Service 100 Angus Smith Drive, Douglas QLD 4810

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Partnering with Consumers - This patient information brochure supports National Safety and Quality Health Service Standard 2. Consumers and/or carers provided feedback on this patient information.



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# **Interim Care**

A guide for patients and families of the Townsville Hospital and Health Service





Interim care offers temporary care for people who are waiting for a permanent place in a nursing home from hospital.

Your time in interim care will let you experience life as a nursing home resident.

## Are you eligible for interim care?

To be accepted into interim care you need to:

- Be a Nursing Home Type patient
- Have agreed to complete an income and assets assessment through Centrelink or the Department of Veteran's Affairs.
- Have agreed to apply to eight local nursing homes.

## How long will you stay in interim care?

Interim care is temporary accommodation for you whilst you wait for a permanent bed at one of the eight (8) nursing homes you have applied to. You will supported to accept the first offer of a permanent nursing home bed. If you have not received a permanent bed offer within 30 days, you will be asked to apply to more nursing homes.

Your stay in interim care does not guarantee you a permanent bed at the interim care nursing home.

## Is there a cost?

Yes, depending on how long you are in hospital. A daily fee will be charged once your total time in hospital and interim care is more than 35 days. You can find out the cost of this fee by phoning the Townsville University Hospital Revenue Office.

## What services are available?

### Medical

A hospital doctor will visit you twice a week at the nursing home. If needed, you may be transferred back to the hospital emergency department for treatment. Depending on the treatment you require, you may be admitted to hospital or transferred back to interim care.

You will still be able to attend your hospital appointments from interim care. You will be assisted to make transport arrangements.

### **Pathology services**

If required, your pathology tests will be done by Pathology Queensland at no cost to you.

#### **Medications**

Your medications are paid for by the hospital. The hospital will provide the first supply of medications when you transfer to interim care and a local pharmacy will then manage your medications.

#### **Allied Health**

Nursing Home Type patients are stable and allied health therapy is usually minimal or not required. Therapy will not be provided on a routine basis but considered on an individual basis if your condition changes.

## Leisure and lifestyle

In interim care there will be a variety of activities that you can attend. Activities include day trips, art and craft and entertainment. You may be charged a fee for some activities which you will have to pay. You can leave interim care for outings with family and friends.

### **Personal laundry**

Interim care does provide a laundry service. You can have your family or support person wash your clothes if you prefer.

