

Have questions?

If you're unsure whether you're eligible for our services, call our **Community Bookings Officer** on (07) 4433 9500.

You may be eligible if:

- You're over 18
- You've recently been a patient at the Townsville University Hospital
- You have a referral from a GP or Health professional.

You'll need a referral via My Aged Care (MAC) Phone 1800 200 422 if you're:

- Over 65, or
- Over 50 and identify as Aboriginal or Torres Strait Islander.

Costs

Some services may have a fee. We'll let you know upfront.

Contact Details

Community Bookings Officer

Kirwan Health Campus
138 Thuringowa Drive, Kirwan, Queensland 4817

Phone: (07) 4433 9500

Fax: (07) 4433 9271

Email: TTH-Referrals@health.qld.gov.au

Opening hours:

Monday - Friday, 8.00am - 4.30pm

For PANC (Post Acute Nursing Care) and Wound Clinic clients:

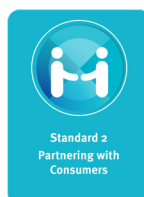
Phone: (07) 4433 9933

Fax: (07) 4433 9501

Opening hours:

Monday - Friday, 8.00am - 4.30pm

On weekends call (07) 4433 9933



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Townsville
Hospital
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Service

Townsville Community Health Service



Queensland
Government

About the service

We provide short-term care and support for people in the Townsville University Hospital area, including:

- Help after hospital discharge
- Support to avoid hospital stays
- Therapy and group programs.

Our team includes:

- Aboriginal and Torres Strait Islander Health Workers
- Allied Health professionals:
 - Dietitians
 - Exercise Physiologists
 - Occupational Therapists
 - Physiotherapists
 - Psychologists
 - Social Workers
 - Speech Pathologists
 - Therapy Assistants
- Nurses.

Cultural support is provided by health workers who meet with Aboriginal and Torres Strait Islander peoples accessing any of our services.

We work with you, your family, and your health team to make sure you get the right care.

What services are available?

Hospital-based Discharge Coordinators help with:

- Planning the care for when you leave hospital
- Support for inpatient Veterans and war widows
- Referring you to TCHS (Community Health Nursing Service).

Post Acute Hospital and Hospital Avoidance Care:

Short-term support is offered for those at risk of hospitalisation or who require support on discharge from hospital.

This includes:

- Allied Health services for community-based follow up
- Community IV antibiotic therapy
- Post Acute Nursing Care (PANC) services for home visits and Wound Clinic.

Programs and Groups:

- Balance and mobility (Up & Go)
- Hydrotherapy
- Dementia COPE program
- Cardiac rehabilitation education and exercise outpatient program (CROP)
- Chronic conditions exercise program
- Healthy Lifestyle Groups
- 'Healthy Ways Program' (Indigenous specific)
- Pulmonary rehabilitation exercise program
- Parkinson's Disease Loud Voice Group
- Advanced Care Planning Group
- Getting to know MAC (My Aged Care).

Clinical services

(Home or Clinic-based short term therapy) including:

- Dietetics (for clients with chronic conditions)
- Exercise Physiology
- Hearing health screening (for Indigenous children)
- Nursing
- Occupational Therapy

- Physiotherapy (mobility/falls, assessment and equipment trials)
- Psychology
- Social work/counselling
- Speech pathology.

How to access services

Inpatients:

Ask your hospital team about a referral.

For all other enquires:

- Call (07) 4433 9500 and ask for the Community Bookings Officer
- Ask your GP or health professional to refer you.

Notes: