

Ingham Community Mental Health Service

What we do

We work with people of all ages, including children and young people, adults and older persons.

We offer:

- Assessment, support and treatment for people with severe and complex mental health issues
- Support for your alcohol and substance use challenges
- · Therapeutic interventions
- · Culturally safe care
- Information and resources.

We can also refer you to other services in the community to help you on your journey.



How to access our service

You can speak to your

- · General Practitioner (GP)
- Healthcare professional (e.g. psychologist, medical specialist)
- · School guidance officer

and they can refer you to our service.

We recommend you speak to your GP first and if appropriate, your GP will then refer you to our service.

Contact us

Ingham Community Mental Health Service

Ingham Health Service 2-16 McIlwraith St Ingham QLD 4850

Phone: (07) 4720 3035

Hours:

Monday to Friday 08:00am to 04:30pm (excluding public holidays)

Our service area includes Ingham and the surrounding communities from Kennedy in the north to Rollingstone in the south.

If you have immediate concerns about the safety of you or the person you are supporting, contact triple zero (000) or attend your nearest emergency department.





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