

Crisis Support Space 'Wadda Mooli'

What is the Crisis Support Space?

The crisis support space for anyone aged 18 years and over and offers a safe, calm, inclusive and culturally appropriate alternative to the Emergency Department (ED).

Support from a peer worker or mental health clinician is available if you are experiencing a mental health crisis. This may include anxiety, distress, panic attacks, self-harming behaviours, or thoughts of suicide. Support is also available if you would like tools and strategies to help prevent future crises.

What does Wadda Mooli mean?

Wadda Mooli (pronounced Wod-dah moo-lee) is Birrigubba language meaning 'Welcome' and is the language of the traditional custodians; the Bindal people.

How do I access the Crisis Support Space?

The crisis support space is located in the Townsville University Hospital.

If you're already at the hospital

Speak to a staff member in the ED and let them know you'd like to access Wadda Mooli. They'll help connect you with the support team.

If you're not at the hospital

Please call us first on 4433 3912 to check availability. We'll guide you on where to meet our peer worker, who will walk you to the space.

To ensure a safe and supportive environment for everyone, we're unable to offer access to the space if you are under the influence of alcohol or other substances. Thank you for understanding.

Opening hours

Monday to Friday	12.45pm - 9.30pm
Saturday to Sunday	12.00pm - 9.30pm

If you have immediate concerns about the safety of you or the person you are supporting, contact triple zero (000) or attend your nearest Emergency Department.



Standard 2
Partnering with
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